

## **GROUP ROLE PLAY # 4**

### **Activating Mutual Aid**

**Worker:** Begin the session with an opening statement such as, “what did people do with our discussions from last week” As the members start sharing, look for opportunities to activate mutual aid in the group. Remember, work as much from a scanning position as possible.

**Zoe:** You have been enjoying your new freedom but have had some pangs of guilt especially around your special needs child.

**Jamie:** Your children have now met your husband’s new “friend”. They kind of like her and this has been getting under your skin.

**Franky:** You have continued to feel rejected by your family and are a little perturbed that your partner keeps going to your family for support. There is a wedding coming up and you will be there with your family.

**Devon:** Your partner is still hanging around your family. This seems to be the new normal in your life.

**Fran:** Your partner has been hanging around with new people. You are hoping there is a new romantic interest.

**Teresa:** You confronted your ex last week about the whimpy approach to life. You got a lot off your chest.