

SWRK 409
Generalist Practice with Groups

Selecting a Group Model

(Ragg, 2010, Garvin 2011-2013)

Structured

Selection

- Group is to complete a task and you are empowered to lead
- Group members have a clearly identified skill deficit or common experience that requires information

Leadership

- Identify agenda elements
- Prepare for discussions or activities
- Balance goal achievement through activities and group dynamics

Psychotherapy

Selection

- Problem is clearly an element of the individual personalities
- Members are willing to engage and be vulnerable for the duration of the group
- High motivation and cognitive ability for introspection

Leadership

- Create atmosphere that forces introspection
- Identify and highlight transference reactions
- Engage members in self-exploration

Mainstream

Selection

- Problems are multifactorial
- Enough commonality to build on
- Matched abilities to engage in mutual aid

Leadership

- Adopt an exploratory approach
- Facilitate investment in the group direction
- Help the group to work together to achieve direction